



MARCH 2023



OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NOTES FROM THE KITCHEN: Salad bar available each day. Gluten Free (GF) option noted on entrée items. Menu items subject to change pending availability.		1 Orange Chicken (GF) w/ Fried Rice Pineapple	2 Taquitos Potato Ole's (GF) w/ Nacho Cheese Fresh Apple Slices	3 Waffles Scrambled Eggs (GF) Hashbrowns (GF) Fresh Strawberries	4
5	6 Ham & Cheese Sliders (GF) on a Hawaiian Bun Caesar Salad Ripple Potato Chips (GF) Pineapple	7 Ground Beef Soft Shell Taco w/ Toppings (GF) Seasoned Tater Tots Cantaloupe	8 Sloppy Joe's (GF) Green Beans Waffle Fries (GF) Clementine Orange	9 All Beef Hot Dog (GF) Steamed Sweet Corn French Fries (GF) Applesauce	10 Buttered Noodles (GF) w/ Chicken Steamed Broccoli Grapes	11
12	13 Chicken Sandwich (GF) Ripple Potato Chips (GF) Caesar Salad Fresh Apple Slices	14 Mac N' Cheese BBQ Smokies (GF) Steamed Green Beans Banana	15 Grover Nachos (GF) w/ Toppings Cantaloupe	16 Chili (GF) Steamed Sweet Corn Cinnamon Roll Sliced Peaches	17 No School St. Patrick's Day	18
19	20 Hamburgers (GF) w/ Toppings French Fries (GF) Potato Salad Pineapple	21 Meat Sauce w/ Pasta (GF) Garlic Bread (GF) Caesar Salad Banana	22 Taco In A Bag (GF) w/ Toppings Fresh Apple Slices	23 BBQ Chicken Bites (GF) w/ Dipping Sauces Biscuit (GF) Glazed Carrots Sliced Kiwi	24 Baked Potato Bar (GF) w/ Toppings Broccoli Clementine Orange	25
26	27 Chicken Nuggets (GF) Steamed Peas French Fries (GF) Fresh Apple Slices	28 Lasagna Rollups w/ Marinara Sauce (GF) Garlic Bread (GF) Caesar Salad Banana	29 Biscuits (GF) & Gravy Steamed Corn Fresh Strawberries	30 Grover Nachos (GF) w/ Toppings Sliced Peaches	31 Italian Dunkers (GF) w/ Marinara Sauce Steamed Broccoli Grapes	