



SEPTEMBER 2023



OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES FROM THE KITCHEN: Salad bar is available each day. Gluten Free (GF) option noted by entrée items. Menu items subject to change pending availability.					1 Pepperoni or Cheese Pizza (GF) Caesar Salad Fresh Strawberries	2
3	4 <i>No School</i> Labor Day	5 Sloppy Joe's (GF) Ripple Potato Chips (GF) Steamed Sweet Corn Sliced Kiwi	6 Grover Nachos (GF) w/ Toppings Clementine Orange	7 Buttered Noodles (GF) w/ Chicken Steamed Green Beans Cantaloupe	8 Italian Dunkers (GF) w/ Marinara Sauce Caesar Salad Applesauce	9
10	11 Ham & Cheese Sliders (GF) on a Hawaiian Bun Ripple Potato Chips (GF) Potato Salad Pineapple	12 Waffles Scrambled Eggs (GF) Hashbrowns (GF) Fresh Strawberries	13 Mac N' Cheese BBQ Smokies (GF) Steamed Green Beans Banana	14 Ground Beef Soft Shell Taco w/ Toppings (GF) Seasoned Tator Tots (GF) Grapes	15 Chicken Sandwich (GF) Caesar Salad Apple Slices	16
17	18 Sweetish Meatballs w/ Mashed Potatoes Steamed Sweet Corn Pears	19 Alfredo Sauce w/ Chicken and Pasta (GF) Steamed Peas Orange Slices	20 Orange Chicken w/ Fried Rice Steamed Broccoli Pineapple <i>Early Release Schedule</i>	21 Beef Taquitos Potato Ole's (GF) w/ Nacho Cheese Applesauce	22 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	23
24	25 Hamburgers (GF) w/ Toppings Ripple Potato Chips Potato Salad Grapes	26 BBQ Chicken Bites Waffle Fries (GF) Cucumber Salad Banana	27 Lasagna Roll-ups Garlic Bread (GF) Caesar Salad Cantaloupe	28 Grover Nachos (GF) w/ Toppings Apple Slices	29 Baked Potato Bar (GF) w/ Toppings Peaches	30