



NOVEMBER 2023



OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES FROM THE KITCHEN: Salad bar is available each day. Gluten Free (GF) option noted by entrée items. Menu items subject to change pending availability.			1 Hamburgers (GF) w/ Toppings Sweet Potato Fries (GF) Banana	2 <i>Grover Happy Meal</i> Chicken Nuggets Waffle Fries (GF) Steamed Green Beans Apple Slices	3 Italian Dunkers (GF) w/ Marinara Sauce Caesar Salad Cantaloupe	4
5	6 Chili (GF) Frosted Cinnamon Roll Apple Slices	7 Buttered Noodles (GF) w/ Chicken Steamed Green Beans Fresh Strawberries	8 OG Bowl <i>(also known as KFC Bowl)</i> Mashed Potatoes with Popcorn Chicken, Corn and Gravy Clementine Orange	9 Sloppy Joe's (GF) Ripple Potato Chips (GF) Steamed Sweet Corn Banana	10 No School	11
12	13 Alfredo Sauce w/ Chicken and Pasta (GF) Garlic Bread (GF) Steamed Broccoli Cantaloupe	14 Beef Taquitos Chips and Queso (GF) Clementine Orange	15 Orange Chicken w/ Fried Rice Steamed Broccoli Pineapple	16 Thanksgiving Meal (GF)	17 Taco in a Bag (GF) w/ Toppings Steamed Sweet Corn Kiwi Slices	18
19	20 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	21 Grover Nachos (GF) w/ Toppings Clementine Orange	22 No School	23 No School Happy Thanksgiving!	24 No School	25
26	27 Mac N' Cheese BBQ Smokies (GF) Sugar Snap Peas Banana	28 BBQ Chicken Bites Waffle Fries (GF) Potato Salad Apple Slices	29 Ground Beef Soft Shell Taco w/ Toppings (GF) Seasoned Tator Tots (GF) Grapes	30 Waffles Scrambled Eggs (GF) Hashbrowns (GF) Fresh Strawberries		