



OCTOBER 2024



OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Alfredo Sauce w/ Chicken and Pasta (GF) Garlic Breadstick (GF) Caesar Salad Apple Slices	2 Meatballs and Gravy with Mashed Potatoes Crinkle Cut Carrots Orange Slices	3 Sweet & Sour Pork (GF) White Rice Sugar Snapped Peas Pineapple	4 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	5
6	7 Chili (GF) Hawaiian Bun Steamed Sweet Corn Apple Slices	8 Chicken Breast Sandwich (GF) Steamed Green Beans Cubed Potatoes Clementine Orange	9 <i>OG Bowl</i> Mashed Potatoes w/ Popcorn Chicken, Corn and Gravy Grapes	10 Taco in a Bag (GF) w/ Toppings Cantaloupe	11 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	12
13	14 Grover Nachos (GF) w/ Toppings Clementine Orange <i>Early Release Schedule</i>	15 Orange Chicken Dumplings Vegetable Fried Rice Sugar Snap Peas Pineapple	16 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	17 <i>No School</i>	18 <i>No School</i>	19
20	21 Shredded BBQ Chicken Sandwich (GF) Cheesy Mashed Potatoes Steamed Green Beans Pineapple	22 Ground Beef Soft Shell Taco w/ Toppings (GF) Chips (GF) w/ Guacamole or Nacho Cheese Strawberries	23 Mac N' Cheese BBQ Smokies (GF) Caesar Salad Kiwi Slices	24 Chicken A La King with a Biscuit Crinkle Cut Carrots Apple Slices	25 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	26
27	28 Bosco Sticks Marinara Sauce Steamed Green Beans Cantaloupe	29 BBQ Riblet Sandwich (GF) Caesar Salad Clementine Orange	30 Soft Shell Chicken Taco (GF) w/ Toppings Chips (GF) w/ Guacamole or Nacho Cheese Grapes	31 Hamburgers (GF) w/ Toppings Cubed Potatoes Strawberries <i>Happy Halloween</i>	NOTES FROM THE KITCHEN: Salad bar is available each day. Gluten Free (GF) option noted by entrée items.	