



OCTOBER 2026



OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NOTES FROM THE KITCHEN: Salad bar is available each day. Gluten Free (GF) or Dairy Free (DF) option noted by entrée items. Menu items subject to change pending availability.			1 Taco NOT in a Bag (GF) w/ Toppings Steamed Sweet Corn Banana	2 Alfredo Sauce w/ Chicken and Pasta (GF, DF) Garlic Bread (GF) Steamed Peas Pears	3
4	5 BBQ Chicken Bites (GF, DF) Sweet Potato Fries (GF, DF) Steamed Green Beans Orange Slices	6 Waffle (GF) Hashbrowns (GF, DF) Sausage Links Diced Strawberries	7 <i>Burrito Bowl</i> (GF, DF) Rice, Chicken, Corn, Pico and Queso w/ Toppings Green Grapes	8 Orange Chicken (GF, DF) w/ Fried Rice (GF, DF) Steamed Broccoli Pineapple	9 Cheese Ravioli (GF) w/ Marinara Sauce Caesar Salad (GF) Banana	10
11	12 Baked Potato Bar (GF) w/ Toppings Steamed Broccoli Orange Slices	13 <i>OG Bowl</i> Mashed Potatoes (GF) w/ Popcorn Chicken (GF, DF) Corn and Gravy (GF, DF) Banana	14 Italian Dunkers (GF) w/ Marinara Sauce Caesar Salad (GF) Cantaloupe	15 Buttered Noodles (GF, DF) w/ Chicken Steamed Broccoli Peaches	16 <i>Build your own Burger Bowl</i> Waffle Fries (GF, DF) w/ Ground Beef, Lettuce, Diced Tomatoes & Pickles with a House Sauce Banana	17
18	19 Alfredo Sauce w/ Chicken and Pasta (GF) Garlic Bread (GF) Glazed Carrots Banana	20 Ground Beef Soft Shell Taco w/ Toppings (GF) Seasoned Tator Tots (GF, DF) Apple Slices	21 Hamburgers (GF, DF) w/ Toppings Cubed Potatoes (DF) Pasta Salad Clementine Orange	22 <i>No School</i> <i>NDEA</i>	23 <i>No School</i> <i>NDEA</i>	24
25	26 Chicken Wild Rice Soup (GF) Baguette (GF, DF) Caesar Salad (GF) Orange Slices	27 Meatball Sub Sandwich (GF, DF) Sunchips Veggie Banana	28 Ckn Breast Sandwich (GF, DF) Pasta Salad Potato Wedges (GF, DF) Apple Slices	29 Ham & Cheese Slider on a Hawaiian Bun (GF, DF) Kettle Chips (GF, DF) Steamed Sweet Corn Pears	30 <i>Dominos Pizza Day</i> Pepperoni (GF) or Cheese Pizza (GF) Caesar Salad (GF) Banana	31 <i>Happy Halloween</i>